



WALKING TOUR IN SITHONIA

DAY 1: Neos Marmaras

Arrival and transfer to the hotel. Dinner and accommodation in Neos Marmaras.



DAY 2: Neos Marmaras - Parthenonas

On our first long walk, we will visit the very old village of Parthenonas. The walker is given two alternative methods of ascent and descent, depending on one's abilities. We will take a beautiful but strenuous route, which visits an old water mill and dam and then climbs straight up a ridge, through olive groves and forest, to reach high forest tracks leading to the village. The village, Parthenonas, goes back to the days of pirates, when the locals sought a high vantage point to protect them from danger. In addition, it is well known that Parthenonas town has nice taverns that anyone can enjoy. Overnight in Neos Marmaras.



DAY 3: Porto Koufo – Kapros

This easy walk starts at the beautiful natural harbor of Porto Koufo on the west coast of Sithonia. We will see the majestic harbour of Porto Koufo, which is more like a fjord. The route uses farm and goat tracks to reach Karpos the remote southern peak of the peninsula. The path passes through an area rich in flora and fauna. Fine views can be obtained from Kapros off the precipitous cliffs along the coast. On our first path we will visit Marathias beach. On a fine day the Sporades Islands can be seen to the southwest. The return route follows the edge of the field eventually leading on to an old path which rises through olive groves to a pavilion with bench seat overlooking the harbor to the north. Overnight in Neos Marmaras.



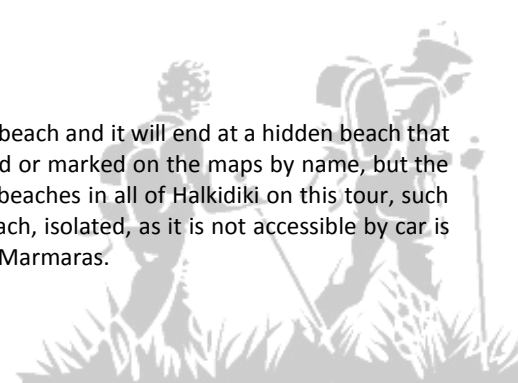
DAY 4: Sikia – Circular

Our 4 hour walking route starts at Sykia. We will follow a circling and steep but safe path over the north side of the village on goat tracks. The path offers an enchanting view of the village and the surroundings. This walk takes us on a circular trip around the ridge directly above the town of Sikia. To the north, it gives us the fine view over the town and the surrounding countryside. The route makes use of old charcoal burners paths, goat tracks and surfaced farm access roads. Parts of the circuit involve rather steep, but safe, rocky ascents and descents. From Sykia we will return to the main road and after an 8 km. long lace of small beautiful bays, we will reach Sarti. Overnight in Neos Marmaras.



DAY 5: Toroni – Paradise beach – Toroni

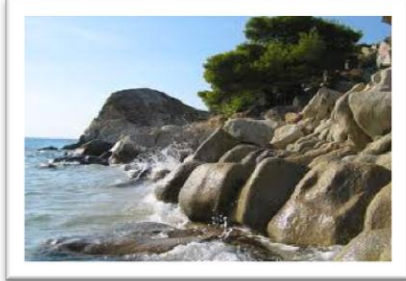
This hike will bring you along the full length of Toroni beach and it will end at a hidden beach that is not accessible by roads. Paradise beach is not listed or marked on the maps by name, but the locals know about it. You will pass some of the best beaches in all of Halkidiki on this tour, such as Tristinikouda, which is a long sandy beach. The beach, isolated, as it is not accessible by car is often used by nudists for camping. Overnight in Neos Marmaras.





DAY 6: Nikiti – Ag. Nikolaus – Nikiti

Starting from the school in Nikiti, we will head north through the old town of Nikiti. Then we will start to walk through the pine trees and olive groves on our way to Agios Nikolaus. The village is over the mountain from Nikiti and a distance of 2 km from the port of Ormos Panagias. Agios Nikolaos is famous for its 19th century architecture. The locals produce honey and of course their tsipouro (the local ouzo) is definitely worth a shot. On our route back we will take a different route that is a little shorter. Overnight in Neos Marmaras.



DAY 7: Elia Beach – Agios Pavlos – Petros rock – Elia

Today's hike is quite an easy route which gives will give us a beautiful view over the bay. By heading East, we will first reach the church of St. Paul where legend has it that he passed through here on his way to Rome. As he was thirsty, he said a prayer and hit the ground with his cane and water began bubbling forth and has never stopped. We will continue up the mountain with the scent of honey from the beehives that are present in the area. We will finally reach Peter's rock, the highest point on the ridge. From here, we will head back to Elias Beach. Overnight in Neos Marmaras.



DAY 8: Departure (aprox. 100km)

Breakfast at the hotel. Drive to Thessaloniki airport & departure.

CATEGORY: WALKING TOURS & ACTIVITIES

DURATION: 8 days / 7overnights

INCLUDED: accommodation on BB, bus transportation, local guides, entrances fees, all taxes

PRICE: Please contact: info@melitours.gr

The tour can be generally rearranged depending on your needs. Arrival and departure are flexibly amended and the duration can also be shortened or extended. More services can be added.

